The Healthy Relationship Wheel provides aspects of what a healthy relationship would look like—based on respect, trust, and nonviolence. For instance, instead of using coercion and threats, a partner would resolve conflicts or disagreements based on negotiation and fairness.

**Non-threatening Behavior**
Talking and acting so your partner feels safe and comfortable expressing themselves and doing things.

**Respect**
Listening non-judgmentally—being emotionally affirning and understanding—valuing opinions or personal beliefs—respecting bodily autonomy and consent.

**Trust and Support**
Supporting their goals in life—respecting their right to their own feelings, friends, activities, and opinions.

**Honesty and Accountability**
Accepting responsibility for self—acknowledging past use of violence—admitting being wrong—communicating openly and truthfully.

**Economic Partnership**
Making money decisions together—making sure both partners benefit from financial arrangements.

**Negotiation and Fairness**
Seeking mutually satisfying resolutions to conflict—accepting change—being willing to compromise.

**Responsible Parenting**
Sharing parenting responsibilities—being a positive non-violent role model—making family planning decisions collaboratively.

**Shared Responsibility**
Mutually agreeing on a fair distribution of work—making family decisions together.